

## **Sustainable Resolutions**

### Where to Begin

This month we're focusing on sustainable resolutions. The beginning of a new year is a perfect time to start thinking about integrating more sustainable practices into your daily routines.

The first step is just to start, even if you start small. Don't get overwhelmed or feel guilty by not being able to be 100% sustainable.

#### **REUSE**

Think about replacing single-use water bottles and coffee/tea cups whenever possible. Did you know you can now bring your reusable coffee cup to Starbucks!

#### **TRAVEL**



Have you ever felt guilty about driving and flying? There are many websites and apps that help you track and offset your carbon footprint, by donating to causes that restore and protect the climate.

When you travel, research before you book. Stay at hotels that are committed to sustainable standards and are constantly improving these.



#### **PURCHASES**

Consider buying from brands and shops that are committed to sustainable development and reflect your values. It feels better owning or wearing items, especially luxury items, when you know there is good energy behind them.

Consider buying one long-lasting, timeless good-quality item over 5 trendy items that you will have to buy again next year.





#### **FOOD**

When possible, buy from local farmers and farmers markets. You will not only be decreasing carbon emissions through less food transportation but supporting local businesses.

In-season fruits and veggies are not only healthier and more nourishing in vitamins, they're also more sustainable.

# **Climate Action Planning Webinar**

Charleston County invites you to a critical milestone in our journey towards a sustainable Charleston County! Having incorporated valuable community feedback, we're ready to present recommendations on how we plan to meet our emissions reduction goals.

Why Join us?

- Get the first look at our comprehensive, datadriven plan for reducing emissions.
- Offer real-time feedback and questions during our interactive Q&A session.
- Learn from experts and community members on climate action, sustainability, and policy implementation.

Register Here



and more frequent hurricanes?

Be part of Charleston County's path towards a sustainable and resilient future.

6 - 7 PM
Register Here:
charlestoncounty.org/cap



Learn more at: charlestoncounty.org/cap

