## **ADULT SERVICES**

## **Overview**

Addiction is a chronic, progressive and treatable disease that can affect anyone.

At Charleston Center, trained and certified counselors collaborate with each client to design a series of interventions that are unique, achievable and help each client begin the road to lasting recovery.

We also offer educational groups focusing on lowering risk of alcohol and drug use choices and avoiding related problems.

Charleston Center offers day and evening services to fit busy schedules and transportation needs. We are located in a modern facility where the safety and confidentiality of our clients is important.

Addiction is a complex but treatable disease that affects brain function and behavior.

<sup>1</sup>National Institute on Drug Abuse (2009). Principles of Drug Addiction Treatment: A Research Based Guide(2<sup>nd</sup> ed., NIH Publication No. 09-4180).

## **Financial**

Private insurance and Medicaid are accepted and billed on your behalf. Individual payment plans can be made at initial intake, or as financial conditions change.

## What happens when someone calls for services?

An initial screening will take place to assess a person's need for services. If a person is to be admitted to service, upon arrival, a clinical counselor will interview the client and complete a full comprehensive assessment. This process is used to identify a person's strengths in an effort to initiate a successful treatment experience.

Next, the client and counselor will design an Individual Plan of Care to help identify and work toward solving current stressors.

Charleston Center recognizes that people often arrive to addiction treatment with job, family, legal and health problems, which are addressed in the Plan of Care.

Adult Services supports Charleston Center's Detoxification and Transitional Care units to provide a continuum of care for the client.

Adult services utilizes evidenced based treatments, such as Cognitive Behavior Therapy, Motivation Enhancement Therapies, Seeking Safety and Dialectical Behavior Therapy.

FOR INFORMATION
AND REFERRALS
24-HOUR HELPLINE
843-722-0100
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